

PEAKSTATES

THERAPIST TRAINING 2015

Professional
residential
training

Peakstates Therapist Training

Peak States Therapy

PeakStates Therapy - an entirely new way of understanding disease, health, trauma healing and consciousness itself. It is based on the Primary Cell Model by Dr. Grant McFetridge, as outlined in his book "Peakstates of Consciousness" Vol 2. Synthesizing information from the diverse fields of cellular biology, and psychology, this book explains how the human psyche operates. It identifies how trauma, physical damage during pre-natal and pre-conception events, strongly impacts our consciousness and health and how the healing of key-biological events allows one to regain health and acquire peak states of consciousness.

The training is more than learning a few skills. Your perception of healing will change, and you need to be somewhat adventurous to allow this new paradigm in. You can expect to do a lot of personal healing because other modalities have not covered the developmental phase of the physical body in this way. At the same time you will practice working with other students and practice on clients.

This training is ideal for therapists who want to be able to help more of their clients. PeakState Therapy is a cutting edge approach, that not many people have heard of - yet it is highly effective. You will become part of the pioneering phase of something very new and exciting, and help facilitate a giant leap in how we understand healing.

Who can do the training?

The training is primarily intended for therapists and professionals in the fields of trauma healing and solving diseases or for those who want to become therapists as their main profession. Each module contains valuable information and techniques, that may be used on their own or enhance other modalities. The eight modules build on each other, with the initial Triune Brain and Whole-Hearted Healing ones available separately in some counties.

If you are not yet a therapist in another modality, you should acquire basic therapist skills before enrolling in the Peakstates Training.

Pre-requisites and certification

Before commencement of the training you need to have:

- Read the text books “Peakstates of Consciousness” Vol 1 and Vol 2, and the Basic Whole-Hearted Healing Manual, to get a grasp of what this new work is about. You also need to familiarise yourself with the new diagnostic manual “Subcellular Psychobiology”, which will be the new diagnostic teaching tool.
- You need to do three general therapy sessions with one of the Peakstate therapists.
- We require that you have no major health issues like heart conditions or mental illness including suicidal tendencies.
- We ask you do have a ‘scan’ done with one of our clinic advanced therapists. This will help determine if there are any unusual problems that should be treated before commencement of the training.

On completion of the training you will be able to effectively heal trauma in your clients, apply triune therapy and guide your clients through peak state processes. The institute certifies therapists and for safety reasons some of the techniques you learn may only be used under license.

Course modules

#100: Triune Brain Therapy™ (2.5 days = 20 hours)

This course covers triune brains, triune brain therapy, and unusual situations that can occur during regressions. Triune brain therapy is a unique way of working with your sub-personalities

Content Overview:

- The Peak State paradigm
- Triune Brain Therapy
- The centre of Awareness (CoA)
- Focusing
- Projection
- Brain shutdown
- Crown Brain structures
- Body brain associations
- Dominant brains
- Sessions with brains

#111: Basic Whole-Hearted Healing™ (7 days = 56 hours)

This course teaches the Institute's basic regression healing process for trauma. This technique, with its emphasis on unusual phenomena and problems of the psyche, is the basis for peak state techniques.

Course Content Overview:

- Review EFT
- The Center of Awareness CoA)
- The Out-of-body (OBE) experience
- Basic Whole-Hearted Healing™
- Special healing situations
- Tribal Block Technique
- Distant Personality Release™ (DPR)
- When to use WHH vs other therapies
- Incorporating WHH into EFT
- Assisting certified therapists doing sessions (min 2)
- Supervised client sessions (min 3)

#121: Diagnosis (5 days = 40 hours)

This module integrates your diagnostic skills. Diagnosing is particularly important in Whole-Hearted Healing in order to determine which specific healing technique is appropriate for the presenting symptom.

Course Content Overview:

- Theory and practice of diagnosis
- Understanding advanced scans
- Supervised sessions with clients

#130: More Healing Techniques (5 days = 40 hours)

This course covers techniques developed and licensed by the institute.

Course Content Overview:

- Rapid Whole-Hearted Healing
- Waisel Base Emotions Technique
- Image Streaming
- Supervised sessions with clients

#140: Core Issues (4 days = 32 hours)

Identifying core issues requires skill and practice. This module creates the space to heal yourself and to assist others in finding their core issues. They are major trauma caused by motional and behavioral dysfunction that are difficult to recognize and go unnoticed by the person who has them.

#150: Peak States (7 days = 56 hours)

During this module you will learn Gaia phrase techniques to acquiring peak states of consciousness. The emphasis is on using these states for healing oneself and how to guide clients through peak state processes.

Course Content Overview

- Peak Experience to Peak State Technique
- Silent Mind state
- Brain Light state
- Inner Peace state
- Life Path state
- Hearing the Brains state
- Observing and having supervised sessions with clients doing peak state processes

#160: Safety Training (7 days = 56 hours)

This module is to make sure that you have some background in conventional therapy problems, like mental illness and suicide, as well as cutting edge material in spiritual emergency. If you have done these courses in other training recognition of prior learning will be granted.

#170: Therapist/Client Relationships (1.5 days = 12 hours)

This course gives you explicit training in working with private practice clients. We also cover how to do 'charging for results' and liability issues as well as issues around starting up your own clinic.

#181: PeakStates™ Therapist Certification (1 day = 8 hours)

The certification procedure includes an oral knowledge test and a practical exam for competence in the techniques. It also verifies the understanding of the safety regulations and legal requirements for practicing therapists, like liability insurance, understanding of the risks of powerful therapies and knowledge of what to do when something goes wrong. Certification should take place within 3 months of completing the training. Some of the processes you have learned can only be used under license form the institute. Graduates sign a licensing agreement and pay a yearly licensing fee. Certification is done after Course #160 has been completed.

Post training

Support after the training is an important benefit. Once certified, graduates of the training are required to attend 12 monthly mentoring classes to discuss problems and get assistance with clients. They are able to list themselves on the national and international websites. Teleclasses are available periodically with information and training on new processes. A Yahoo forum exists exclusively for training graduates to exchange information and stay in touch with colleagues.

The 2015 Denmark Training

Training dates: April 4-25 (22 days) and July 2-19 (18 days) 2015.

Training address: Skolegade 8, 7423 Løsning, Denmark.

Daily training hours: 10.00 to 18.00.

Training fee: \$ 5600 US including the training manual. Grant's books have to be purchased separately.

Food and accommodation: \$ 1500 US. The meals are prepared communally by the participants.

Teachers

Lailah Johansson coordinates activities for the Institute in Denmark, she teaches Peakstates students, and also does certification assessments and mentoring for first year Peakstates practitioners. <https://www.peakstates.com/staff.html> **Leif Pedersen** teaches PeakStates students and is part of the institute research staff.

Contact information

For all inquiries please contact Lailah Johansson by email: lailah@PeakStates.com or by tel: +45 20616688 or Leif Pedersen by email: leif@PeakStates.com or by tel: +45 51171838

Please visit the PeakStates websites www.peakstates.com and www.subcellularpsychobiology.com