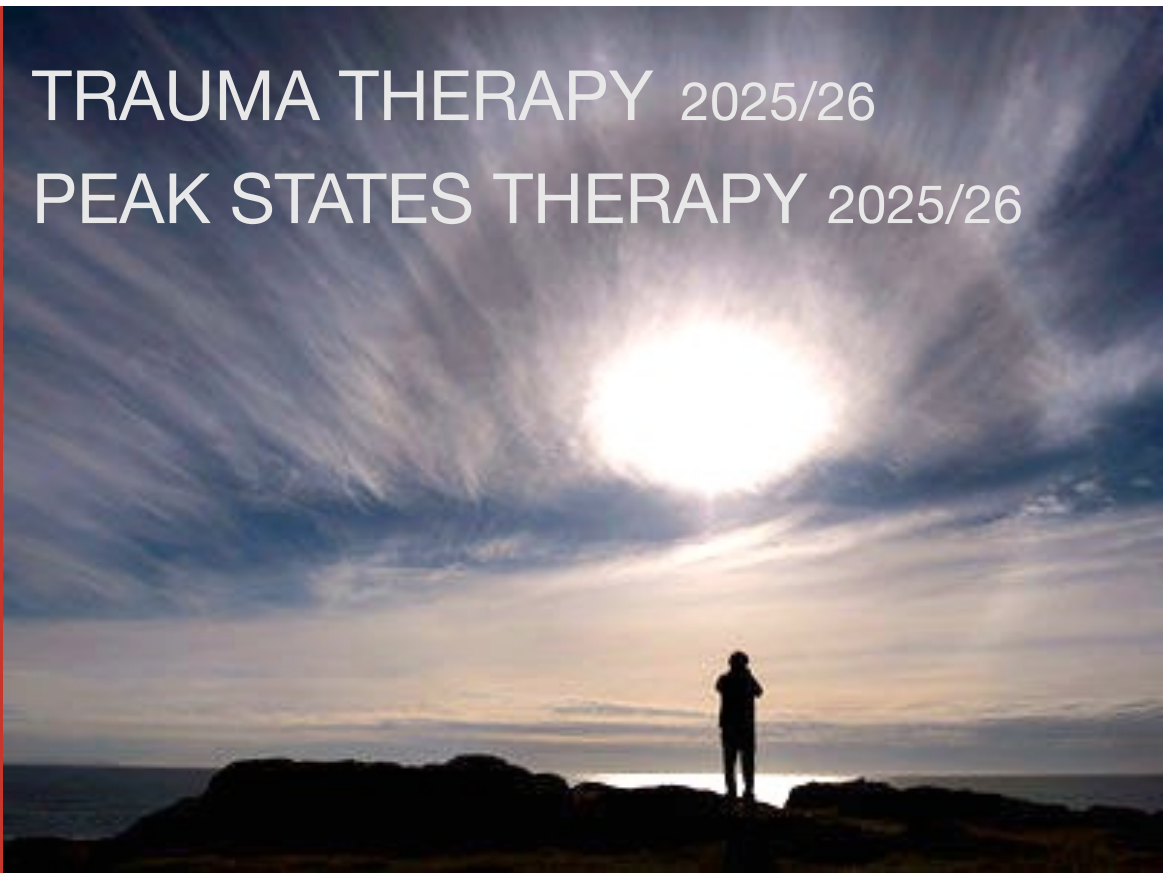


## TRAUMA THERAPY 2025/26 PEAK STATES THERAPY 2025/26



## ISPS Trauma and Peak States Therapist

ISPS Therapy - an entirely new way of understanding healing and consciousness - based on Subcellular Psychobiology and the Primary Cell Model by Dr. Grant McFetridge. He outlines his theory in his latest books "Peakstates of Consciousness" Vol 2 and "Subcellular Psychobiology". Synthesising information from the diverse fields of cellular biology, psychology, spiritual practice and shamanism, these books explain how the human psyche operates. They identify how trauma, physical damage during pre-natal and pre-conception events, impacts our consciousness and health and how the healing of key-biological events allows one to acquire peak states of consciousness.

Our trainings are more than learning a few skills. Your perception of healing will change, and you need to be somewhat adventurous to integrate this new paradigm. You can expect to do a lot of personal healing because other modalities have not covered the developmental phase of the physical body in this way, as well as practicing as the therapist on students and clients.

Our trainings are ideal for therapists who want to be able to help more of their clients. ISPS Trauma and Peak State Therapy is a cutting edge approach, so you may find it challenging to present this new way of thinking to the public. You will however be part of the pioneering phase of something very new and exciting, and help facilitate a giant leap in how we understand healing.

### Who can do the trainings?

The trainings are primarily intended for therapist and professionals in the healing fields or for those who want to become therapists as their main profession. Each module contains valuable information and techniques, that may be used on their own or enhance other modalities. The modules build on each other and can be taken individually over time or as a full training package.

You need to have basic therapist skills and experience working with clients before enrolling in the trainings.

## Pre-requisites and certification

Before commencement of the training you need to have:

- Read the text books “Peakstates of Consciousness” Vol 1 and Vol 2 of Peakstates of Consciousness and the Basic Whole-Hearted Healing Manual, to get a grasp of what this new work is about. You also need to familiarise yourself with the new diagnostic manual “Subcellular Psychobiology”, which will be the new diagnostic teaching tool.
- You need to do three general therapy sessions with one of the certified therapists in order to know that you can sense symptoms and feel emotions.
- We require that you have no major health issues like heart conditions or mental illness including suicidal tendencies.
- We ask you do have a ‘Scan’ done with one of our staff therapists. This will help determine if there are any unusual problems to be treated before commencement of the training, that could make training difficult.

The ISPS Trauma Therapist training enables you to effectively guide your clients to heal trauma and apply triune therapy. Certification in this training is the prerequisite for participation in the ISPS Peak States Therapist Training which enables you to guide your clients through peak state processes.

The institute certifies therapists to ensure quality and safety in the use of our techniques.

## ∞ISPS Trauma Therapy Training∞

Course length and format: contact your trainer

### Training components

Theory  
Applications  
Client work  
Personal practice  
Meeting with the institute founder, the CEO, the student co-ordinator and some assessors

#### Introductory Theory

The Paradigm  
The founder’s story  
The developmental events Model  
Triune brain model  
Primary cell model  
Peakstates model  
Charge for results model.

#### Applications

Basic healing techniques  
Different trauma types  
Diagnosis and treatment methodology  
Practice demonstration  
Student sessions.

#### Basic healing techniques

What is Trauma and what is Healing  
15 Minute Miracle  
One point tapping  
Loving yourself  
Moving the CoA

#### Trauma types

Gene trauma:  
Biographical trauma  
Generational trauma  
Associational trauma  
Core trauma

#### Subcellular trauma

30 different types

#### Parasites trauma

3 classes of parasites  
Symptoms and treatments

#### Triune Brain trauma

Sub-personalities

#### Related Healing Techniques

Silent Mind Technique  
Rapid WholeHearted Healing  
Waisel Base Emotions Technique  
Image Streaming

#### Diagnosis

Theory and practice of diagnosis  
Diagnostic scans and their application

#### Therapist and client relationship

Ethics  
Contracts, disclaimers, contraindications  
Charge for results

#### Practice on Clients

2-3 In Class sessions per student  
Class and trainer feedback

#### Personal practice

4 hour weekly practice session with student colleagues  
Integration of taught material  
Personal issues  
Interpersonal problems in class  
Therapist issues

#### ISPS Trauma Therapist Certification

Oral knowledge test  
Practical exam for competence in the techniques  
Safety training in suicide, mental health and spiritual emergency  
Yearly registration fee of \$100 US  
Website Listing  
Access to new processes  
Further training

## Safety Training

This is a set of separate internal or external courses to make sure that you have some background in conventional therapy problems, like mental illness and suicide, as well as cutting edge material in spiritual emergency. These courses incur separate fees. If you have done these courses in other training recognition of prior learning will be granted.

## Post certification

Support after the training is an important benefit. Once certified, graduates of the training are required to attend 12 monthly mentoring classes to discuss problems and get assistance with clients. ISPS conducts certified therapist gatherings and meetings to keep everyone updated on new information and processes. There is a Facebook page and a locked website for Certified therapists.

## Course fees

ISPS Trauma Therapist Training: Contract your trainer  
Certification assessment fees: EU 240.

## Facilitators

**Nemi Nath** is the director of Peakstates Australia. She has been with the ISPS since 2006 and has facilitated ISPS Trainings in 8 countries. She comes with 34 years+ experience in training therapists, including her former international Breathconnection school of rebirthing. Transformational work and research into consciousness is her passion. Nemi is one of the ISPS clinic therapists, as well as a trainer. She was part of the ISPS research department for 14 years and served as director for training until early 2022.

---

# ISPS Peak States Therapy Training

(Trauma Therapy Training and certification has to be completed before enrolment into the Peakstates Therapist Training)

Course length and format: contact your trainer.

## Training components

Theory  
Applications  
Personal practice  
Client work

### Theory

Peak States  
Gaia  
Gaia phrases

### Application

Personal practice  
Dominant Issue Process  
Peak Experience to Peak State Technique  
Silent Mind Technique  
Brain Light state  
Inner Peace state  
Life Path state

### Client work

Taking one client through Silent Mind

## ISPS Peak States™ Therapist Certification

Oral knowledge test.

## Post training

Support after the training is an important benefit. We recommend therapists to participate in community by being part of

therapist 'buddy groups' for mutual support with personal and professional issues.

**Course fee:** ISPS Peak State Therapist Training:  
Contact trainer. Certification assessment fees: EU 80.

### Facilitator

**Nemi Nath** is the director of Peakstates Australia. She has been with the ISPS since 2006 and has facilitated ISPS Trainings in 8 countries. She comes with 34 years+ experience in training therapists, including her former international Breathconnection school of rebirthing. Transformational work and research into consciousness is her passion. Nemi is one of the ISPS clinic therapists, as well as a trainer. She was part of the ISPS research department for 14 years and served as director for training until early 2022.

### Contact information

For all inquiries: Nemi Nath by email:  
[nemi@peakstates.com](mailto:nemi@peakstates.com), [nemiom@mac.com](mailto:nemiom@mac.com). By tel:  
+61 (0)487 546 821